How to Use a Comeback Line

If you decide you want to try a comeback line, there are a few things to think about and remember when using them:

* Comeback lines **may not stop the bullying**, but they can increase your self-confidence which can discourage the bully.
* Like with fogging, try to keep your tone of voice as assertive as possible, and try to not sound sarcastic or angry.
* The whole idea of a comeback line is to stump the bully and make them think twice about what they are doing. **It is not meant to anger the bully.**

A few examples

1. “Oh, get a life.”
2. “How does it feel to be this mean?”
3. “Feel better now?”
4. “You are a waste of my time.”
5. “You are a real expert at this! Congrats.”
6. “You are just a low person.”
7. “How would you feel if someone was doing this to you?”
8. “I will never feel bad because of you.”
9. “Real mature.”
10. “I feel sorry for you.”