Examples of Sexual Bullying

Sexual bullying can be anything that has a sexual message that makes a girl feel intimidated or uncomfortable.

Here are some specific actions that can be considered sexual bullying:

* Calling someone sexual names
* Making negative comments about someone’s body or looks
* Spreading sexual rumors (in person, by text, or online)
* Making sexual gestures
* Making negative comments about someone’s sexuality
* Drawing sexual pictures for others to see
* Making sexual jokes
* Writing sexual messages about someone on bathroom walls
* Posting sexual comments or pictures of someone else online
* Commenting in a sexual way about something someone is wearing
* Negative comments about someone’s attractiveness

Sexual bullying can also be physical and is done without permission:

* Touching
* Bumping
* Grabbing
* Pulling down or on clothing
* Pinching